



Tenderfoot Personal Growth Agreement Conference

Scout: _____ Age: _____ years _____ months School Grade _____

I have been in Scouts BSA since ____ / ____ / _____, which amounts to _____ months.

SCOUT SPIRIT:

I have tried to live up to the Scout Spirit by _____

ADVANCEMENT:

From Tools, I learned these knots _____

From First Aid, I learned _____

From the Buddy System, I learned _____

From Physical Fitness, I learned _____

How hard was it working on these skills? _____

CAMPING:

Since joining the Troop, I have attended the following camping trips:

_____, _____, _____, _____, _____

I liked the _____ best because _____

The most important thing(s) I have learned from camping is _____

PATROL:

I am in the _____ Patrol.

I think it is a () good, () fair, () poor Patrol.

I () like, () don't mind, () dislike being in it because _____.

My Patrol Leader () does, () doesn't tell me what is happening in the Troop and Patrol.

My Patrol Leader () does, () doesn't let me take part in the activities and work of the Patrol.

My Patrol Leader () does, () doesn't help me with my advancement skills.

TROOP:

The things I have enjoyed the most since joining Scouts BSA are _____

The things I () like, () dislike, most about this Troop are _____

I think this Troop is () Awesome, () Great, () Good, () Fair, () Mediocre, () Poor.

SCOUT SPIRIT:

I will continue to show my Scout Spirit by _____



Tenderfoot Personal Growth Agreement Conference *continued*

Scout: _____

ADVANCEMENT:

What cooking requirements are needed to earn Second Class rank? _____

What swimming requirements are needed to earn Second Class rank? _____

Do you know the Safety Afloat Plan? Yes No

I have studied the Scout Oath and Scout Law and I can, cannot recite them & explain their meanings.

I practice the Outdoor Code by _____

I can, cannot describe the Tenderfoot Rank patch and explain its meanings.

I do, don't know all the Progress Awards (Ranks) and I can, cannot identify each.

I would like to earn my _____ Progress Award by ____ / ____ / ____.

CAMPING:

The things I want to learn more about or improve upon in my camping are _____

I will try to accomplish this by _____

SERVICE:

I will try to live up to the Second part of the Scout Oath and the Third part of the Scout Law by _____

PATROL:

Now that I am passing my second Progress Award, I would like to help my Patrol by _____

I would like to become the Patrol Quartermaster, Hikemaster, Grubmaster, Scribe, Funmaster, Color Guard, or _____

TROOP:

The things I would like to see the Troop change or improve upon are _____

I think the Troop should do more _____

I think the Troop should do less _____

I will try to help the Troop by _____

Respectfully submitted,

SCOUT SIGNATURE

DATE SUBMITTED

Accepted

Not Accepted

SCOUTMASTER _____

DATE _____



Tenderfoot Rank Requirements

Scout: _____

Date: _____

Date / Leader	Req #	Requirement
CAMPING AND OUTDOOR ETHICS		
	1a	Present yourself to your leader, prepared for an overnight camping trip. Show the personal and camping gear you will use. Show the right way to pack and carry it.
	1b	Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
	1c	Tell how you practiced the Outdoor Code on a campout or outing.
COOKING		
	2a	On the campout, assist in preparing one of the meals. Tell why it is important for each patrol member to share in meal preparation and cleanup.
	2b	While on a campout, demonstrate the appropriate method of safely cleaning items used to prepare, serve, and eat a meal.
	2c	Explain the importance of eating together as a patrol.
TOOLS		
	3a	Demonstrate a practical use of the square knot.
	3b	Demonstrate a practical use of two half-hitches.
	3c	Demonstrate a practical use of the taut-line hitch.
	3d	Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.
FIRST AID AND NATURE		
	4a	Show first aid for the following: <ul style="list-style-type: none"> • Simple cuts and scrapes • Blisters on the hand or foot • Minor (thermal/heat) burns or scalds (superficial, or first-degree) • Bites or stings of insects and ticks • Venomous snakebite • Nosebleed • Frostbite and sunburn • Choking
	4b	Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.
	4c	Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b.
	4d	Assemble a personal first-aid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.



Tenderfoot Rank Requirements *continued*

Scout: _____

Date: _____

Date / Leader	Req #	Requirement
HIKING		
	5a	Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Use the buddy system while on a troop or patrol outing.
	5b	Describe what to do if you become lost on a hike or campout.
	5c	Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night.
FITNESS		
	6a	Record your best in the following tests: <ul style="list-style-type: none"> • Pushups _____ (Record the number done correctly in 60 seconds) • Situps _____ (Record the number done correctly in 60 seconds) • 1 mile walk/run _____ (Record the time)
	6b	Develop and describe a plan of improvement in each of the activities listed in Tenderfoot requirement 6a. Keep track of your activity for at least 30 days.
	6c	Show improvement (of any degree) in each activity listed in Tenderfoot requirement 6a after practicing for 30 days. <ul style="list-style-type: none"> • Pushups _____ (Record the number done correctly in 60 seconds) • Situps _____ (Record the number done correctly in 60 seconds) • 1 mile walk/run _____ (Record the time)
CITIZENSHIP		
	7a	Demonstrate how to display, raise, lower, and fold the U.S. flag.
	7b	Participate in a total of one hour of service in one or more service projects approved by your Scoutmaster. Explain how your service to others relates to the Scout slogan and Scout motto.
LEADERSHIP		
	8	Describe the steps in Scouting's Teaching EDGE method. Use the Teaching EDGE method to teach another person how to tie the square knot.
SCOUT SPIRIT		
	9	Demonstrate Scout spirit by living the Scout Oath and Scout Law. Tell how you have done your duty to God and how you have lived four different points of the Scout Law in your everyday life. _____
	10	While working toward the Tenderfoot rank, and after completing Scout rank requirement 7, participate in a Scoutmaster conference.
	11	Successfully complete your Board of Review for the Tenderfoot Rank.

**The requirements for Scout, Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however, these ranks must be earned in sequence.*